Being a Bodhisattva

KDK St. Louis Study Group Lead by Lama Jinpa Tharchin

A bodhisattva is so-called because bodhi ("awakening") is itself the state of one's being (sattva). —Perfection of Wisdom Sutra in Eighteen Thousand Lines

In practicing the Mahayana, we all try to live up to the great aspirations of our noble heart. We follow the path of the bodhisattvas, and our practice on that path should be personal and intimate. In this class we will discuss how to make this path our own. We should connect with our noble heart and aspire that all we do and feel will open that heart to others. We will use Gampopa's Ornament of Precious Liberation as the template for our discussions and reflect on the guidance of other past masters such as Asanga, Shantideva, and Atisha. Most importantly, we will focus on our own experience of cultivating our natural, inborn bodhicitta. To that end, we will spend a good portion of each session meditating together. — Lama Jinpa Tharchin

Weekly class meets on Mondays beginning November 6, 2023, 7 - 9 PM CT.

Je Gampopa by HH 17th Karmapa, Ogyen Trinley Dorje

To join this class on Zoom Meetings, please go <u>here</u> to register: <u>https://uso2web.zoom.us/meeting/register/tZooceisqzMoGNTC7wTL_5CE16LEvxWujBvz</u>

After registering, you will receive a confirmation email containing information about joining the meeting.

Course text: <u>Ornament of Precious Liberation</u> by Gampopa, trans. Ken Holmes/ Thubten Jinpa, Wisdom Publications.

No fee is required, however, offerings made in appreciation of the teachings are gratefully accepted. Please go <u>here</u> to make an offering.

For more information please email Kati at <u>kdk.st.louis@gmail.com</u>.