With the blessing and permission of Lama Lodru Rinpoche, KDK St. Louis and Lama Jinpa Tharchin will commence a new series of Dharma classes on Zoom Meetings starting on Monday, February 7. These classes will consist of extensive discussions of Karma Chagme Rinpoche’s text, *The Quintessence of the Union of Mahamudra and Dzokchen, The Practical Instructions of the Noble Great Compassionate One, Chenrezik*, along with Khenpo Karthar Rinpoche’s lucid commentary.

We will read and discuss the text together and provide time for meditation during the class, thus fulfilling the three pre-requisites for awakening: Listening (reading the text), Contemplating (discussing the text), and Meditating. Chagme Rinpoche has masterfully extracted the purest and most concentrated form of the *Union of Mahamudra and Dzokchen*, describing a complete path to awakening in clear and straightforward terms for the practitioner. The text and commentary is available through the KTD Namse Bangdzo Bookstore: [https://www.namsebangdzo.com/Union-of-Mahamudra-and-Dzokchen-p/15257.htm](https://www.namsebangdzo.com/Union-of-Mahamudra-and-Dzokchen-p/15257.htm)

Offerings made in gratitude for the teachings are welcomed but not required: [www.kdkstl.org/donate](http://www.kdkstl.org/donate).

For further information, please contact Kati Guerra at [kdk.st.louis@gmail.com](mailto:kdk.st.louis@gmail.com).