RAINFALL OF BLESSINGS
A Guru Yoga

Preliminary Prayer

PAL DEN TSA WAI LAMA RINPOCHE
Glorious and precious root lama

DAG GI CHI WOR PEMAI DEN ZHUG LA
Please remain on the lotus seat above my head;

KA DRIN CHEN POI GO NE JE ZUNG TE
With your immense kindness, care for me

KU SUNG THUG KYI NGÖ DRUB TSAL DU SÖL
And impart to me the realization of awakened body, speech, and mind.
Refuge and Bodhicitta

-neck-

NAMO
Homage!

CHOG SUM TSA SUM KYAB NE GYA TSHO LA
In the infinite aspects of the Three Jewels and Three Roots

DAG SOG DRO KÜN GÜ PE KYAB SU CHI
I and all beings respectfully take refuge;

SEM CHEN SANG GYE SA LA GÖ PAI CHIR
So that all beings may realize enlightenment

LAM ZAB LA MAI NAL JOR GOM PAR JA
I practice the profound path of lama naljor.

[Recite three times].
Creation Phase

ॐ सोभावा सुध्द्हा सर्वा धर्मा
सोभावा सुध्दो हाम
OM, all dharmas are pure in nature; I am pure in nature.

सोपदालाशं सुपदा दु: घनम्भो

Tong Pai Ngang Le Rang Dün Nam Khai Ü
Within the expanse of emptiness, in the space just before me,

सेंग थ्रिपे न्यिदा वाइ देन तेंग दु:।

SENG THRI PE NYI DA WAI DEN TENG DU
Upon a lion throne, lotus, sun, and moon seat,

त्सा सुम कुन्दु ला मा दोर जे चाङ

TSA SUM KÜN DÜ LA MA DOR JE CHANG
Is my lama as Vajradhara, the union of all aspects of the three Roots.

नाम खाई डो ग्चिन चाङ न्यि दोर द्रिल द्जिन

NAM KHAİ DOG CHEN CHAG NYI DOR DRIL DZIN
He is blue like the sky and holds a vajra and bell in his hands;
DAR DANG RIN CHEN GYEN DZOG KYIL TRUNG ZHUG

Fully arrayed in fine silks and jewels, he sits in the vajra posture.

[If one wishes to visualize Vajradhara with a consort:]

RANG Ö YING CHUG YUM DANG NYI ME JOR
He is in union with his consort, Splendor of Space, who is in essence his own radiance.

**Invitation of the Wisdom Aspect**

THUG KAI Ö KYI TSA SUM KÖN CHOG SUM
The radiance from his heart invokes the three Roots and three Jewels,

CHAR ZHIN BAB THIM KÜN DÜ DAG NYI GYUR
Who descend like rain and dissolve into him; in his nature, all are united.
Seven-Fold Prayer

DAG SOG ZHING DÜ NYE KYI LÜ TRÜL TE
I and all others imagine our forms multiplied as many times as there are atoms in the universe,

KÜN DÜ DAG NYI LA MAR GÜ CHAG TSHEL
Each of these forms bowing with respect before you, lama, embodiment of all sources of refuge,

CHI NANG SANG SUM RAB JAM CHÖ PAI TRIN
Clouds of limitless offerings, outer, inner, and secret, expand to fill all universes,

ZHING KÜN GYE PAR KANG TE ÜL WAR GYI
And all these we offer to you.

THOG ME NE SAG DIG DRIB NYE TUNG KÜN
With intense regret, we reveal all our negative and obscuring acts, faults, and downfalls, perpetrated since beginningless time,
NONG GYÖ DRAG PÖ SHAG ZHING DOM PAR GYI
And resolve to avoid their repetition.

ZAG CHE ZAG ME KGOR DE GE TSHOG LA
I greatly rejoice in all virtue,

GA WA CHEN POI JE SU YI RANG NGO
Be it impure or pure, of samsara or nirvana.

MUN PAR KYAM PE MA GEN DRO NAM LA
For the sake of all beings, our aged mothers, who wander in
darkness,

ZAB GYE CHÖ KYI DRÖN ME BAR DU SÖL
Please set ablaze the torch of the vast and profound teachings.

DRO KÜN LA MAI GO PHANG MA THOB BAR
Until all beings have attained your unsurpassable realization,
ZUG KU DOR JE TA BUR ZHUG SÖL DEB
Please remain immutable, like a vajra, in your manifest form.

DÜ SUM SAG PAI GE WA DRO LA NGO
To all beings we dedicate all virtue of the three times;

CHAM CHIG DOR JE CHANG GI SA THOB SHOG
May we together attain the state of Vajradhara!
Prayer to the Lama

DÜ SUM SANG GYE THAM CHE DÜ PAI NGO WO LA MA RIN PO CHE
Precious lama, essence of all buddhas of the three times, to you I make this prayer:

SEM CHEN THAM CHE KYI DÖN DU DAG GI DAG DZIN LÖ THONG WAR DZE DU SÖL
For the sake of all beings, please cause me to relinquish ego-clinging:

GÖ ME GYÜ LA KYE WAR DZE DU SÖL
Please cause contentment to be born in me;
GYU LŪ MI LAM YONG PAR DZE DU SŌL

Please cause me to perfect the practices of illusory body and dream:

ཐོ་ད་ཟགས་ཚུལ་ཐེག་པ་མི་ཤེས་པ་ཐེགས་པས་སོགས་

ཤུ་བ་ཚུལ་ད་རུ་ཐག་པ་མི་ཤེས་པ་ཐེང་ཅི་བ་བོད་

ཐོ་མོས

Õ SEL CHAG GYA CHEN PO CHOG GI NGÕ DRUB DA
TA NYI DU NYUR WA NYI DU DUG SA DI NYI DU
THOB PAR JIN GYI LAB TU SŌL

Grant your blessing that I may attain the supreme accomplishment
of the clear light of Mahamudra—
Right now, immediately, in this very place!

[This prayer should be repeated as many times as possible. At this point, one may
insert Calling the Lama from Afar.]
Mantra Recitation

OM AH GURU BEDZRA DHARA AYU PUNYE JNANA SIDDHI HUNG

[This mantra is recited in the manner of a prayer.]

Receiving Empowerment

KA DRIN SUM DEN LA MA RIN PO CHE
Precious lama who shows kindness in the three ways,

DAG LA MIN JE WANG ZHI KUR DU SÖL
Please confer upon me the four maturing empowerments!

ZHE PAI SÖL WA TAB PAI MÖ NYI LA
At the very moment I make such a prayer.
TREL WAI OM LE OM DANG Ö KAR THRÖ
The syllable OM, amidst white light, radiates from the OM at my lama's forehead

RANG GI TREL WAR THIM PE LÜ DRIB DAG
And is absorbed into my own forehead; my obscurations of body are purified.

BUM PAI WANG THOB KYE RIM GOM LA WANG
I receive the vase empowerment and am empowered to cultivate the creation phase;

DRE BU TRÜL KU DRUB PAI KAL DEN GYUR
Thus, I gain the good fortune to realize the fruition of this Nirmanakaya.

DRINPAI AH LE AH DANG Ö MAR THRÖ
The syllable AH, amidst red light, radiates from the AH at my lama's throat
RANG GI DRINPAR THIM PE SANG WANG THOB
And is absorbed into my throat; I receive the secret empowerment,

NGAG DRIB DAG NE RANG JIN LAB LA WANG
My obscurations of speech are purified, and I am empowered to practice self-consecration;

LONG KUI SA BÖN THEB SHING TOG PA KYE
Thus, the seed of Sambhogakaya is sown, and its realization will be born.

THUG KAI HUNG LE HUNG DANG Ö NGÖN THRÖ
The syllable HUNG, amidst blue light, radiates from the HUNG at my lama's heart

RANG GI NYINGGAR THIM PE SHER WANG THOB
And is absorbed into my heart; I receive the wisdom empowerment,
YI DRIB DAG NE PHO NYI LAM LA WANG
My obscurations of mind are purified, and I am empowered to practice the path of the messenger;

CHÖ KUI SA BÖN THEB SHING TOG PA KYE
Thus, the seed of Dharmakaya is sown, and its realization will be born.

LA MA Ö ZHU RANG DANG YER ME DRE
My lama dissolves into radiance, with which I inseparably merge,

ZHI PAI WANG THOB NYOM JUG DRIB PA DAG
The fourth empowerment is received, obscurations of meditative equipoise are purified,

ZUNG JUG SAM MI KYAB PA GOM LA WANG
And I am empowered for the inconceivable practices of union.
KU ZHI TOG PA NGÖN DU JE GYUR TE
Thus, the four kayas are realized; the inseparability of the expanse of totality and awareness is directly experienced.

YING RIG YER ME DE TONG JEN PAR SHAR
And there dawns the naked experience of bliss and emptiness.
[Thus, the mind of the lama and one's own mind merge, and one rests in that state.]

Dedication

GE WA DI YI NYUR DU DAG
By this virtue, may I quickly realize

PAL DEN LA MA DRUB GYUR NE
The nature of the glorious lama,

DRO WA CHIG KYANG MA LŪ PA
And so establish in that very state

DE YI SA LA GÔ PAR SHOG
All beings without exception.
Final Wishes

KYE WA KÜN TU YANG DAG LA MA DANG
In all my lifetimes, may I never be separate from the authentic lama,

DREL ME CHÖ KYI PAL LA LONG CHÖ CHING
And so enjoy the magnificent richness of the Dharma;

SA DANG LAM GYI YÖN TEN RAB DZOG NE
May I quickly perfect the qualities of the paths and stages,

DOR JE CHANG GI GO PHANG NYUR THOB SHOG
And so quickly attain the state of Vajradhara.
Dorje Rigdzin, the master of Samdrup Monastery in Lhodrak, (Tibet), and others had expressed their need for a meditation on the lama, based on myself, and repeatedly implored me to compose one. In response, I have written this lama najyor, modeled on one received directly from Vajradhara by the Siddha Thangtong Gyalpo and transmitted through a short lineage.
I, the author, Lama Kalu or Karma Rangjung Künkyab by name, am one who cherishes and upholds the precious teachings of the Dakpo and Shangpa Kagyü traditions. Through the simple act of my composing this, those fortunate to be my spiritual children will be certain to attain Mahamudra, the supreme accomplishment.